

**Witney & District Swimming Club**  
**Licensed Level 4 (Graded) Open Meet 2009**  
**Windrush Leisure Centre**  
**Sunday 14<sup>th</sup> June 2009**

Dear Swimmers and Parents

**We invite you to support our Summer Open Meet. This is one of the Club's major fund raising events of the year and we hope that all swimmers with qualifying times will enter.** Please complete the entry form below after checking the **upper and lower qualifying times** on the reverse of this sheet (**submitted times must be between the times listed in the tables**). New for this year: 100m IM.

*Please note that Witney swimmers who just miss the slowest qualifying times (QT), or who are new to the club and do not have QT, may enter event(s) by submitting the slowest QT for the event in the relevant box(es) below (rather than the swimmer's actual time). Swimmers who are too fast cannot enter.*

Start Time      Cards posted by 3.45 p.m. Warm-up starts at 4.00 and the gala starts at 4.30 p.m.  
Age Groups     9/10, 11/12, 13/14 and 15/over (masters welcome)  
Ages             **Age on day** (i.e. on 14<sup>th</sup> June)  
Events          All age groups: 50m each stroke and 100m IM. All HDW.  
Entry            By posting re-entry cards on day by 3.45 p.m.  
Fees             £3.50 per event  
Awards          To top 3 in each event. Speeding tickets for those going too fast (see over for times).

**DEADLINE FOR ENTRY FORMS TO SWIM SHOP (or Sally-Anne or Catherine/Linda)**  
**Monday 11 May 2009**

**Please complete all details including qualifying times, date of birth and ASA number.** Please check entry times carefully (see overleaf) and write submitted times in the relevant boxes. Please place in a sealed envelope with cheque, with swimmers name and Witney Open Meet on front – thank you.  
**Data Protection Act 1984:** By entering this meet it is assumed that you give permission for W&DSC to hold and disclose, as necessary, personal information given below.

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**Witney & District Swimming Club Open Meet 14 June 2009**

**INDIVIDUAL ENTRY FORM**

Name		Age on 14 June	Date of Birth	ASA Number
50 Free QT	50 Back QT	50 Breast QT	50 Fly QT	100 IM QT
Total number of events:		@ £3.50 per event	Total enclosed    £	
Cheques to W&DSC, thank you.				

Contact name/number in case of query/problem with entry \_\_\_\_\_

**W&DSC Graded Time Bands** (submitted times must be no faster than the upper (fastest) time and no slower than the lower (slowest) QT.

*Note W&DSC swimmers only may submit the slowest QT in any band where they have just missed the QT or do not have a QT because they are new to the club. You cannot enter if your times are too fast.*

<b>GIRLS</b>	<b>FREE</b>	<b>BACK</b>	<b>BREAST</b>	<b>FLY</b>	<b>100 IM</b>
<b>9/10</b>	41.0 – 50.0	46.7 – 55.0	52.9 – 61.0	45.0 – 55.0	1.42.98 – 2.05.29
<b>11/12</b>	35.9 – 43.5	40.7 – 49.7	45.6 – 54.6	39.3 – 48.3	1.30.14 – 1.52.29
<b>13/14</b>	33.6 – 40.6	38.1 – 46.1	42.0 – 49.0	36.4 – 44.4	1.24.38 – 1.40.87
<b>15/over</b>	33.2 – 39.2	37.5 – 43.5	41.5 – 47.5	35.9 – 43.9	1.23.30 – 1.35.93
<b>BOYS</b>	<b>FREE</b>	<b>BACK</b>	<b>BREAST</b>	<b>FLY</b>	<b>100 IM</b>
<b>9/10</b>	41.3 – 50.0	47.5 – 56.0	53.6 – 61.0	46.1 – 56.1	1.45.62 – 2.03.60
<b>11/12</b>	35.6 – 44.6	40.8 – 49.8	45.6 – 54.6	39.7 – 48.7	1.30.87 – 1.50.38
<b>13/14</b>	31.6 – 38.6	36.1 – 44.1	40.0 – 47.0	34.6 – 42.4	1.20.54 – 1.36.03
<b>15/over</b>	30.5 – 36.5	34.4 – 40.4	39.9 -45.9	33.1 - 41.1	1.16.63 – 1.30.50

### Race Programme

<b>3.45</b>	Deadline for cards to be posted			
<b>4.00</b>	Girls warm-up			
<b>4.15</b>	Boys warm-up			
<b>4.30</b>	Event 1	Girls 50m Fly	Event 2	Boys 50m Breast
	Event 3	Girls 50m Back	Event 4	Boys 50m Free
	Event 5	Girls 50m Breast	Event 6	Boys 50m Fly
	Event 7	Girls 50m Free	Event 8	Boys 50m Back
	Event 9	Girls 100m IM	Event 10	Boys 100m IM