

SQUAD CHANGES

The second 'squad changes' of the year has now taken place. Please see new squad lanes attached. This squad change was for those swimmers who were on extension in their previous squad/lane. The lanes that swimmers are allocated are to facilitate their individual development in many aspects including efficiency of all four strokes, efficiency of skills (starts, turns, finishes, relay take over's, streamlining) and understanding of training/competition. Coaches meet regularly and review these aspects when it comes to possible squad/lane changes. These are important in developing each individual swimmer not an 'age group'. However lanes still do have some age group structure. Please remember just because a swimmer may be the 'fastest' or have certain qualifying times does not necessarily mean they are emotionally or physically (if/when hit puberty) ready to progress to the next squad/lane.

There will be a final possible squad change of the season at the end of April for any swimmers who are ready to develop to the next squad/lane.

If any parents have any questions about their swimmers lane allocation please contact their coach for clarification.

Coaching team

